



International Charity Bazaar
Experience the World in a Day
Hosted by the Diplomatic Corp in Ireland

Recipes from around the World

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COLCANNON

Colcannon is a great accompaniment to any meal, but is traditionally eaten at Hallow'een. You can put a coin, a ring and a small piece of material in. Tradition says that if you find the coin, you will be rich, if you get the ring you will wed within the year and the material means you will be poor!!

Ingredients:

2lbs potatoes, freshly cooked and mashed

½ lb. Kale/cabbage (cooked and drained) or a bunch of spring onions finely chopped

¼ pint of milk

4ozs. Butter or margarine.

To make:

Mix potatoes and kale or spring onions together.

Warm the milk with the butter.

Beat the milk mixture into the potatoes a little at a time until you have a nice smooth creamy mixture.

Serves 4

-Siobhan Denham